

CAMPING EQUIPMENT

| | | | |
|---|--|---|--|
| 1 | 65-75L backpack - with waterproof backpack cover | 1 | Synthetic camp towel - bath towel size |
| 1 | 55L duffle bag | 1 | Headlamp - with extra batteries |
| 1 | 20° sleeping bag - with compression sack | 1 | Insulated plastic cup - 8oz |
| 1 | Sleeping pad | 1 | 4-5" bowl |
| 1 | Small backpack / day pack | 1 | Camping utensils |
| 2 | Water bottle - 1 liter | | |

CLOTHING

| | | | |
|---|---|---|--|
| 6 | Synthetic underwear | 1 | Fleece pants |
| 3 | Sports bras | 1 | Rain jacket |
| 1 | Synthetic long underwear - top & bottom - medium weight | 1 | Rain pants |
| 4 | Synthetic t-shirt | 1 | Fleece pullover - midweight |
| 1 | Synthetic long sleeve shirt / Sun hoody | 1 | Packable synthetic down jacket - medium weight |
| 2 | Athletic shorts | 1 | Comfortable outfit - for travel and rest days |
| 1 | Hiking pants | 1 | Swimsuit |

FOOTWEAR + ACCESSORIES

| | | | |
|---|--------------------------------|---|---------------------|
| 6 | Socks - synthetic hiking socks | 1 | Fleece (winter) hat |
| 1 | Hiking shoes - lightweight | 1 | Sun hat |
| 1 | Water shoes - with heel strap | | |

TOILETRIES

| | | | |
|---|--------------------------|---|------------------------------------|
| 1 | Sunscreen - 12oz | 1 | Soap |
| 1 | Hand sanitizer - 2oz | 1 | Deodorant |
| 1 | Toothbrush + toothpaste | 1 | Insect repellent - 12oz |
| 1 | Shampoo | 1 | Lip balm |
| 1 | Toiletry bag or Dopp kit | | Moleskin - 5-7 pads (blister care) |

MISCELLANEOUS

| | | | |
|---|---|---|----------------------------|
| 1 | Sunglasses - with retainer strap (i.e. Croakies or Chums) | 1 | Spending money - \$50/week |
| 1 | Laundry bag | 1 | Watch |
| 1 | Whistle | 2 | Nylon stuff sack - 20L |
| 2 | Bandana | | |

Optional Items: insect head net, camera, book, journal, buff, camp chair, camp pillow, compass, athletic shoes, trekking poles

VISIT THE WA STORE TO OUTFIT YOUR ADVENTURE

Questions about items on your packing list? We're here to help!
Give us a call at 307-733-2122 or reach out to your Regional Coordinator
for advice and tips.



PRO TIP

Don't forget to break
in your hiking shoes
before your adventure!