

CAMPING EQUIPMENT

1	Duffel bag - large enough to pack all items on list	1	Synthetic camp towel - bath towel size
1	Small backpack / day pack	2	Water bottle - 1 liter
1	Headlamp - with extra batteries	1	Beach towel

CLOTHING

5	Synthetic underwear	1	Rain jacket
3	Sports bras	1	Rain pants
1	Synthetic long underwear - top & bottom - medium weight	1	Fleece pullover - midweight
4	Synthetic t-shirt	1	Service work outfit
1	Synthetic long sleeve shirt / Sun hoody	1	Comfortable outfit - for travel and rest days
3	Athletic shorts	1	Swimsuit
1	Lightweight pants - not leggings	1	Rash guard
1	Warm comfortable pants (ex. fleece)		

FOOTWEAR + ACCESSORIES

2	Socks - synthetic hiking socks	1	Water / camp shoes - with heel strap (no Crocs)
1	Athletic shoes	1	Sun hat or baseball hat
1	Rubber boots, at least calf-height, to wear during service work		

TOILETRIES

1	Sunscreen - 12oz	1	Soap
1	Hand sanitizer - 2oz	1	Deodorant
1	Toothbrush + toothpaste	1	Lip balm
1	Shampoo	1	Insect repellent - 12oz
1	Toiletry bag or Dopp kit		

MISCELLANEOUS

1	Passport	1	Spending money - \$50/week
1	Sunglasses - with retainer strap (i.e. Croakies or Chums)	1	Watch
1	Whistle	1	Laundry bag
1	Buff	2	Nylon stuff sack - 20L

Optional Items: camera, book, journal, camp chair, camp pillow, compass, bandana

VISIT THE WA STORE TO OUTFIT YOUR ADVENTURE

Questions about items on your packing list? We're here to help!
Give us a call at 307-733-2122 or reach out to your Regional Coordinator
for advice and tips.



PRO TIP

Don't forget to break
in your hiking shoes
before your adventure!