

### **ALASKA HIGH TRAILS**

#### 2024 PACK LIST

#### **CAMPING EQUIPMENT**

1	65L backpack - with waterproof backpack cover	1	Synthetic camp towel - bath towel size
1	20° sleeping bag - with compression sack	1	Headlamp - with extra batteries
1	Sleeping pad	1	Insulated plastic cup - 8oz
1	Small backpack / day pack	1	4-5" bowl
2	Water bottle - 1 liter	1	Camping utensils

#### **CLOTHING**

5	Synthetic underwear	1	Fleece pants
3	Sports bras	1	Rain jacket
1	Synthetic long underwear - top & bottom - medium weight	1	Rain pants
4	Synthetic t-shirt	1	Fleece pullover - midweight
1	Synthetic long sleeve shirt / Sun hoody	1	Packable synthetic down jacket - medium weight
1	Athletic shorts	1	Comfortable outfit - for travel and rest days
1	Hiking pants	1	Swimsuit
*Rı	ubberized rain gear - must be rented, see attachment		

#### **FOOTWEAR + ACCESSORIES**

4	Socks - synthetic hiking socks	1	Fleece (winter) hat
1	Hiking boots - medium weight	1	Sun hat
1	Water shoes - with heel strap	1	Fleece gloves / mittens
1	Gaiters - mid calf height	1	Insulated gloves - medium weight

#### **TOILETRIES**

1	Sunscreen - 12oz	1	Soap
1	Hand sanitizer - 2oz	1	Deodorant
1	Toothbrush + toothpaste	1	Insect repellent - 12oz
1	Shampoo	1	Lip balm
1	Toiletry bag or Dopp kit		Moleskin - 5-7 pads (blister care)

#### **MISCELLANEOUS**

1	Sunglasses - with retainer strap (i.e. Croakies or Chums)	1	Spending money - \$50/week
1	Laundry bag	1	Watch
1	Whistle	1	Insect head net
2	Bandana	2	Nylon stuff sack - 20L
1	Buff	1	Compass

Optional Items: camera, book, journal, camp chair, camp pillow, athletic shoes, trekking poles, neoprene paddling gloves

## VISIT THE WA STORE TO OUTFIT YOUR ADVENTURE

Questions about items on your packing list? We're here to help! Give us a call at 307-733-2122 or reach out to your Regional Coordinator for advice and tips.



#### **PRO TIP**

Don't forget to break in your hiking shoes before your adventure!



# ALASKA HIGH TRAILS RENTAL GEAR

#### **REQUIRED RENTAL GEAR**

A pair of rubberized rain gear (bibs and jacket) and a pair of rubber boots are required for sea kayaking on Prince William Sound and must be rented from the kayak center. These items will only be used for the time you are kayaking. The cost to rent is as follows:

Rubberized Rain Gear: \$30

Rubber Boots: \$15

Please factor this cost into the amount of spending money you bring. Each student will need to rent these items at the start of the kayaking section. These rentals are in addition to the items listed on the packing list.