



GAP SEMESTER EXPECTATIONS & RULES

TO THE STUDENT: Please initial each line below and sign at the bottom to show that you understand and agree to what is expected on a Wilderness Adventures (hereafter sometimes “WA”) program, and to reflect that the student is committed to following these Gap Semester Expectations & Rules.

COMMUNITY

Wilderness Adventures’ programs are supportive, inclusive and wholesome experiences.

- Support everyone in the group - students and leaders alike.
- Recognize that group living requires cooperation, compromise, consideration of others, and putting the needs of the group before your own.
- Include everyone in all aspects of the group’s time together. Refrain from engaging in mutually exclusive one-to-one relationships (including romantic relationships) and cliques.
- Make the group’s experience wholesome through appropriate behavior, language, and topics of conversation.

Student’s Initials: _____

If under 18, Parent’s Initials: _____

PERSONAL ELECTRONICS

In an effort to eliminate distractions among the group and to promote engagement in all activities and the wilderness experience this is the Electronics Policy for all WA programs.

NOT PERMITTED ITEMS (except during “Phone Days”):

- iPods
- iPhones
- iPads
- Handheld gaming devices
- e-readers
- Cell phones
- Personal emergency response beacons
- GPS tracking electronics
- Any other electronic accessories

PERMITTED ITEMS:

- Digital Cameras
- GoPros

These items are allowed during allocated “Phone Days,” and in between those days will be stored in WA vehicles.

WA is not responsible for any electronic devices (or other student personal belongings) that are lost, damaged, or stolen.

Student’s Initials: _____

If under 18, Parent’s Initials: _____

MEALS

Wilderness Adventures’ meals require compromise, flexibility, and a positive attitude:

- We typically eat six times a day: breakfast, morning snack, lunch, an afternoon snack, dinner, and dessert.
- All members of the group share all meals and snacks together.

- For most meals, leaders and students decide on meals and snacks for the group as part of a cook crew. Some meals will be provided by outside companies or at a restaurant.
- Everyone has to be flexible at meal and snack times to accommodate the group.
- If you are a vegetarian, please keep in mind that vegetarian meals are often prepared by withholding the meat portion of whatever the group is having (for example, tacos with the meat on the side).
- We cannot always accommodate severe vegan, kosher, gluten-free diets, or other eating allergies. Please call the office to determine what accommodations can be made.

Student's Initials: _____

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POTENTIAL GROUNDS FOR DISMISSAL

Wilderness Adventures' Trip Expectations & Rules include, but are not limited to, the following and may be cause for early dismissal from the program:

- Unsafe behavior, which includes but is not limited to: failure to wear seat belts, life jackets, and other safety equipment.
- Body piercing, tattoos or any other form of self-mutilation done on the trip.
- Possession or use of weapons of any kind.
- Unpermitted travel alone, away from the group.
- Shoplifting, destruction of property, or any other illegal acts.
- Behavior that is destructive, dangerous, abusive, violent, injurious to themselves and/or others or involves harassment, vandalism or repeated violation of rules and expectations.
- Exclusive relationships, sexual activity, unauthorized absence from the group, or failure to abide by curfews and/or other expectations of behavior.

Student's Initials: _____

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SUBSTANCE USE

Wilderness Adventures prohibits the recreational use and/or distribution of prescription, nonprescription or other drugs, tobacco and alcohol.

Student's Initials: _____

If under 18, Parent's Initials: _____

IN CONCLUSION: I (student) will strive to be a positive, cooperative and enthusiastic member of my group, and I will seek to find ways to make my group's experience a positive one for all involved. I understand and agree to the WA Gap Semester Expectations & Rules, as described above. I realize that by abiding by the above-mentioned expectations and rules this will most likely be a fantastic adventure for me and my fellow students.

NOTE: Student understands that WA reserves the right to dismiss any student if a staff member believes, in his/her sole discretion, that the student presents a safety concern or medical risk, is disruptive or otherwise conducts themselves in a manner detrimental to the trip or activities, which includes violation of these expectations and rules. Student has read, understood and agrees to the above WA Gap Semester Expectations & Rules. I understand my signature is valid and legally binding whether I choose to electronically sign, or manually sign a printable version of these Gap Semester Expectations & Rules.

Student's Initials: _____

If under 18, Parent's Initials: _____

Student's Signature: _____ Date: _____

If under 18, Parent's Signature: _____ Date: _____