

# ALASKA SOUTHCENTRAL PACK LIST

## CAMPING EQUIPMENT

1	85L backpack - with waterproof backpack cover	1	Synthetic camp towel - bath towel size
1	20° sleeping bag - with compression sack	1	Headlamp - with extra batteries
1	Sleeping pad	1	Insulated plastic cup - 8oz
1	Small backpack / day pack	1	4-5" bowl
2	Water bottle - 1 liter	1	Camping utensils

## CLOTHING

5	Synthetic underwear	1	Fleece pants
3	Sports bras	1	Rain jacket
1	Synthetic long underwear - top & bottom - midweight	1	Rain pants
4	Synthetic t-shirt	1	Fleece pullover - midweight
1	Synthetic long sleeve shirt / Sun hoody	1	Packable synthetic down jacket - heavy weight
2	Athletic shorts	1	Comfortable outfit - for travel and rest days
1	Hiking pants	1	Swimsuit

\*Rubberized rain gear - must be rented, see attachment

## FOOTWEAR + ACCESSORIES

4	Socks - synthetic hiking socks	1	Sun hat
1	Hiking boots or shoes - medium weight	1	Fleece (winter) hat
1	Water shoes - with heel strap (no Crocs)	1	Fleece gloves / mittens

## TOILETRIES

1	Sunscreen - 12oz	1	Soap
1	Hand sanitizer - 2oz	1	Deodorant
1	Toothbrush + toothpaste		Moleskin - 5-7 pads
1	Shampoo	1	Lip balm
1	Toiletry bag or Dopp kit	1	Insect repellent - 12oz

## MISCELLANEOUS

1	Sunglasses - with retainer strap (i.e. Croakies or Chums)	1	Spending money - \$50/week + \$30 for rain gear rental
1	Laundry bag	1	Watch
1	Whistle	3	Cloth face mask
2	Bandana	1	Insect head net
1	Compass	2	Nylon stuff sack - 20L

Optional Items: camera, book, eye mask for sleeping, journal, buff, camp chair, camp pillow, trekking poles, athletic shoes



# ALASKA SOUTHCENTRAL RENTAL GEAR

## REQUIRED RENTAL GEAR

A pair of rubberized rain gear (bibs and jacket) and a pair of rubber boots are required for sea kayaking on Prince William Sound and must be rented from the kayak center. These items will only be used for the time you are kayaking. The cost to rent is as follows:

Rubberized Rain Gear: \$24.00

Rubber Boots: \$6.00

Please factor this cost into the amount of spending money you bring. Each student will need to rent these items at the start of the kayaking section. These rentals are in addition to the items listed on the packing list.